

KIDS SCHEDULE

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| LIL’ DRAGONS (4 – 6 YRS OLD ) | | | | | | |
|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| BEGINNERS |  |  | 4:30 - 5:00PM |  |  |  |
| ADVANCED |  |  | 5:15 - 5:45PM |  |  |  |

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| JUNIORS MAX DEFENSE | | | | | | |
|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| BEGINNERS | 5:45 - 6:30PM |  | 5:45 - 6:30PM |  |  |  |
| ADVANCED |  | 5:45 - 6:30PM |  | 5:45 - 6:30PM |  |  |

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| JUNIORS GRACIE JIU-JITSU | | | | | | |
|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| ALL RANKS |  | 5:00 - 5:45PM |  | 5:00 - 5:45PM |  | 11:00-12:00PM  W/ADULTS |

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| JUNIORS MUAY THAI | | | | | | |
|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| ALL RANKS | 5:00 - 5:45PM |  | 5:00 - 5:45PM |  |  |  |

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| BLACK BELT CLUB & MASTERS CLUB | | | | | | |
|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| BLACK BELT CLUB |  | 5:45 - 6:30PM |  | 5:45 - 6:30PM | 5-5:45PM | \*See Dates  Below |
| MASTERS CLUB  Black Belts | Muay Thai  5-5:45PM | Jiu Jitsu/MAX  5-5:45/6:30PM | Muay Thai  5-5:45PM | Jiu Jitsu/MAX  5-5:45/6:30PM | MC  5:45-6:15PM |  |

\*BLACK BELT CLUB WORKSHOP (2015 SATURDAYS ): 10:00-10:45AM

March 28, Apr 25, May 30, June 27, July 25, Aug 29, Sept 26, Oct 31, Nov 21, DEC 12